

EXPERIENCE TRUE AROMATHERAPY

with the  
*Aromatherapy*  
DECK

WHAT DO YOU KNOW  
ABOUT AROMATHERAPY?

The Aromatherapy Deck is for anyone who wants to know more. Aspiring aromatherapists can pick up the basics, and experienced practitioners can delve deeper into essential oils and their applications. Education is rarely so indulgent!



# the Aromatherapy DECK

is comprised of three different kinds of cards that will guide you to enjoyable and effective new aromatherapy experiences:



## ESSENTIALS

Familiarize yourself with the essential oils that are most popular and useful for aromatherapy. You may know a thing or two about lavender, but what do you know about the soothing properties of German chamomile or the desirable attributes of Clove Bud or Lemon Eucalyptus?

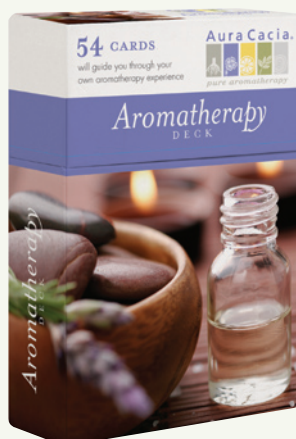
## BENEFITS

Explore the specific psychological and physical effects of aromatherapy. Single-note oils are associated with specific benefits (lavender = relaxing, peppermint = invigorating), but you can create a blend to suit any mood.



## FORMULATIONS

Experiment with blends that take advantage of the natural synergies among essential oils. Our suggestions range from the practical (skin-care treatments, cooling mists) to the mystical (love potion, anyone?).



## the Aromatherapy DECK

Contains 54 cards  
4 1/8" H x 3 3/8" W x 1 1/2" D  
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