

Aura Cacia®



*pure aromatherapy*



## SOUL-WARMING MINERAL BATH

### INGREDIENTS:

- ½ cup sea salt
- ¼ cup Epsom salt
- ¼ cup sodium bicarbonate
- 12 drops eucalyptus essential oil
- 12 drops frankincense essential oil
- 24 drops lemon essential oil

### DIRECTIONS:

Mix together the mineral salts with the essential oil blend. Add ¼ cup per bath application.

For more recipes visit [www.auracacia.com](http://www.auracacia.com)