

Aura Cacia®



pure essential oils



CARROT SEED & GERANIUM SKIN CARE OIL

INGREDIENTS:

- 1 ounce grapeseed oil
- 4 drops carrot seed essential oil
- 4 drops geranium essential oil
- 4 drops Aura Cacia Rose Otto Precious Essentials™ oil

DIRECTIONS:

Blend ingredients together in a small container or directly into the palm of your hand. Smooth over skin after cleansing.

BENEFITS:

Balancing

For more recipes visit www.auracacia.com

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CARROT SEED COMPLEXION MIST

This mist will help foster a balanced complexion regardless of skin type.

INGREDIENTS:

- 4 ounces purified water
- 24 drops carrot seed essential oil
- 24 drops lavender essential oil
- Small spray bottle or atomizer

DIRECTIONS:

Place ingredients in the bottle. Shake vigorously and apply 2-3 spritzes as a finishing treatment at the end of your skin care regime.

BENEFITS:

Balancing

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LAVENDER & GERANIUM PROTECTING BODY OIL

Besides discouraging insects, this body oil is nourishing and soothing. Appropriate for all skin types.

INGREDIENTS:

- 6 drops lavender essential oil
- 6 drops geranium essential oil
- 1 ounce grapeseed skin care oil

DIRECTIONS:

Blend ingredients together in a small container or directly into the palm of your hand. Smooth over exposed skin.

BENEFITS:

Purifying

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PATIO AND BODY SPRITZ

INGREDIENTS:

- 12 drops citronella essential oil
- 12 drops geranium essential oil
- 12 drops lemon eucalyptus essential oil
- 12 drops patchouli essential oil
- 4 ounces water
- Small spray bottle

DIRECTIONS:

Combine essential oils and water into a spray mister. Shake vigorously and mist over your body and atmosphere around you.

BENEFITS:

Purifying, Vitalizing

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