

Aura Cacia®



pure essential oils



LOVE POTION MIST

INGREDIENTS:

- 6 drops Aura Cacia ylang ylang essential oil
- 5 drops Aura Cacia rose absolute essential oil
- 1 drop Aura Cacia clove bud essential oil

DIRECTIONS:

Combine essential oils and water into a spray mister. Shake vigorously and mist over your body and atmosphere around you.

BENEFITS:

Passion

For more recipes visit www.auracacia.com

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ROSE ANOINTING OIL

INGREDIENTS:

- 1 ounce Aura Cacia grapeseed or jojoba oil
- 3 drops Aura Cacia rose otto or rose absolute essential oil
- 3 drops Aura Cacia mandarin or sweet orange essential oil
- 1 drop Aura Cacia sandalwood oil

DIRECTIONS:

- Mix oils and store in a small glass vial.
- Massage a drop or two onto pulse points.

BENEFITS:

- Passion

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FIZZING JASMINE BATH BREW

INGREDIENTS:

- 3 tablespoons baking soda
- 3 teaspoons sea salt (table grind)
- 2 tablespoons citric acid granules or crushed Vitamin C tablets
- 1 cup fresh white rose petals
- 10 drops Aura Cacia sweet orange essential oil
- 6 drops Aura Cacia sandalwood essential oil
- 3 drops Aura Cacia jasmine absolute essential oil

DIRECTIONS:

- Combine dry ingredients and sprinkle mix with essential oils.
- Add all ingredients to a tub of very warm water.

WE SUGGEST:

- Enhance this luxurious bath brew with a cup of whole milk or a tablespoon of skin-nourishing jojoba oil. Add a natural, unscented bubble bath if desired.

BENEFITS:

- Passion

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