

Aura Cacia®



*pure aromatherapy*



## CHEST SALVE

### INGREDIENTS:

- 1 tablespoon beeswax
- 3 tablespoons organic jojoba oil
- 6 drops lavender essential oil
- 5 drops eucalyptus essential oil
- 1 drop peppermint essential oil

### DIRECTIONS:

Place ingredients in a small glass Pyrex measuring cup. Stand in a water bath inside a saucepan. Gradually simmer the water until the beeswax melts into the jojoba oil. Remove from heat and allow to cool until the mixture just begins to turn slightly hazy. Stir in the essential oils and pour into a small jar or tin. Allow to set up. Apply to chest whenever needed.

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