

Aura Cacia®



*pure essential oils*



## MEDITATIVE SANDALWOOD DIFFUSION

### INGREDIENTS:

- 1 ounce water
- 5 drops sandalwood essential oil
- 3 drops frankincense essential oil
- 2 drops lemon essential oil

### DIRECTIONS:

Place ingredients in the bowl of a candle lamp diffuser. Light candle.

### BENEFITS:

Meditating

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## PURIFYING SANDALWOOD AND TEA TREE SKINCARE OIL

### INGREDIENTS:

- 1 ounce jojoba or grapeseed oil
- 9 drops sandalwood essential oil
- 9 drops tea tree essential oil

### DIRECTIONS:

Mix ingredients and massage into skin after cleansing.

### BENEFITS:

Purifying

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## BASIC SPRAY CLEANER

### INGREDIENTS:

2 cups water

½ teaspoon sodium borate

¼ teaspoon liquid soap

36 drops essential oil -

Which Oils? Cleansing & Purifying essential oils:

lemon, tea tree, eucalyptus, spike lavender.

### DIRECTIONS:

Mix ingredients and place in a spray bottle. Shake well before use.

### BENEFITS:

Purifying



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## GENTLE SCOURING CREAM

### INGREDIENTS:

½ cup baking soda

Liquid soap

18 drops essential oil -

Which Oils? Oils that brighten: lemon, lemongrass, grapefruit.

### DIRECTIONS:

Add essential oils to baking soda and blend. Next, incorporate the liquid soap, several drops at a time, until a creamy paste forms.

### BENEFITS:

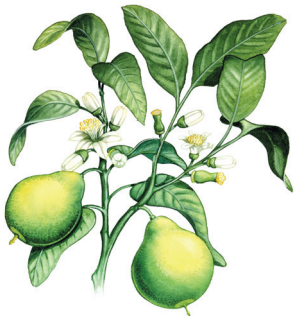
Purifying

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## CARPET DEODORIZING POWDER

### INGREDIENTS:

1 cup baking soda

18 drops essential oil -

Which Oils? Deodorizing essential oils:  
bergamot, coriander seed, lavandin

### DIRECTIONS:

Mix essential oil with baking soda and sprinkle over carpet  
before vacuuming.

### BENEFITS:

Purifying

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## WINDOW CLEANER

### INGREDIENTS:

2 cups water

3 tablespoons vinegar

¼ teaspoon liquid soap

36 drops essential oil -

Which Oils? Cleansing & Purifying essential oils: lemon, tea tree, eucalyptus, spike lavender.

### DIRECTIONS:

Mix ingredients and place in a spray bottle. Shake well before use.

### BENEFITS:

Purifying

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## WOODEN FURNITURE POLISHING OIL

### INGREDIENTS:

3 tablespoons vinegar

½ teaspoon jojoba oil

10 drops lemon essential oil

### DIRECTIONS:

Mix ingredients and place in a spray bottle. Make sure the surface you are about to polish is free from dust. Shake spray bottle well and spray mixture onto a soft cloth - not onto the furniture as it will splatter. Rub the oily cloth over the wood, working in the mixture as you go. Don't forget to shake the bottle as you go.

### BENEFITS:

Purifying

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