

Aura Cacia®



pure essential oils



SKIN-CLARIFYING APPLE CIDER FACIAL MASK

INGREDIENTS:

- 1 packet Aura Cacia Calming Chamomile Milk & Oat Bath
- 1 tbsp. apple cider vinegar

DIRECTIONS:

Gradually add 1 or more tbsp(s). of apple cider vinegar to 1 packet of Aura Cacia Calming Chamomile Milk & Oat bath powder. Stir until a creamy paste forms. Apply to face in a gentle, circular buffing motion. Rinse thoroughly.

BENEFITS:

Clarifying

For more recipes visit www.auracacia.com

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CREAMY OAT SHOWER SCRUB

INGREDIENTS:

- 1 packet Aura Cacia Calming Chamomile Milk & Oat Bath
- 1 tbsp. oil-based liquid soap (Castile type)

DIRECTIONS:

Gradually add 1 or more tbsp(s). of liquid soap to 1 packet of Aura Cacia Calming Chamomile Milk & Oat bath powder. Stir until a creamy paste forms. Smooth creamy cleansing foam over skin in gentle circular motion. Rinse thoroughly.

BENEFITS:

Cleansing

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