

Aura Cacia®
pure essential oils



essential oil

DILUTION TABLE

APPLICATION	ESSENTIAL OIL DROPS	AMOUNT OF CARRIER
Massage	6	1 oz. oil
Compress	24	4 oz. water
Body Mist	24	4 oz. water
Room Spray	48	4 oz. water
Room Diffusion	12	1-2 oz. water <i>(in Aura Cacia® candle lamp)</i>

Always refer to essential oil label guidelines and warnings before use. Do not use undiluted essential oils on your skin. Always dilute in a carrier such as Aura Cacia® skin care oils.

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Elevate Your Everyday with Aura Cacia®

Founded in 1982, Aura Cacia® has grown into an all-encompassing essential oil brand, with an extensive selection of essential oils, skin care oils, massage oils & creams and bath products for adults and kids. We believe in the power of pure essential oils and feel they should be part of your everyday life.

We're proud of our on-going commitment to offer you authentic, pure and natural personal care products true to Aura Cacia's origin—born in the glorious clean mountain air with the purpose of enhancing life through the benefits of 100% pure essential oils.



Find lots of great tips and recipes online at www.auracacia.com!



Aura Cacia, saved the following resources by using 571 pounds of Imagination, made with 100% recycled fiber and 100% post-consumer waste, processed chlorine free, designated Ancient Forest Friendly™ and manufactured with electricity that is offset with Green-e® certified renewable energy certificates: 7 fully grown trees, 3382 gallons of water, 3 Million BTUs of energy, 214 pounds of solid waste, and 750 pounds of greenhouse gases. Calculations based on research by Environmental Defense Fund and other members of the Paper Task Force. www.newleafpaper.com

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