

# Simply *healthy living.*

Made With

- cinnamon
- poppy seeds
- orange flavor



## Have Kat's Cake & Transform Yourself Too!

Kat's James revolutionary flourless cake is a popular dessert, snack, or breakfast and part of her slimming "Low-impact" dietary approach featured at her Total Transformation® Programs.



Visit [www.simplyorganicfoods.com/kat](http://www.simplyorganicfoods.com/kat)  
for this delicious cake recipe!