



Start your work day right and diffuse at your desk. Go get 'em tiger.



For a morning pick-me-up, place drops on shower floor. Happy day.



Add a pep to your step by placing 2 drops on bottoms of socks.



Inhale for a cooling boost. Back to giving 100% in no time.



Dilute and rub on temples when feeling the effects of a long day. Now relaaaax...



Trouble on a boat? Inhale peppermint from bottle and sail on my friend.



Place 1-2 drops on floor of pet carrier while transporting. Rover will thank you.

## SO MANY USES IN ONE LITTLE BOTTLE



Diffuse while driving to remain alert. Wake up sleepyhead.



To freshen the bathroom, mix 6 drops per 1 oz. water and spritz. Ah, fresh minty goodness.



Inhale peppermint prior to your workout routine to amp up the energy. Work it, own it...



To energize your practice, mix 6 drops per 1 oz. water and spritz your yoga mat.



Add 12 drops per 1 oz. skin care oil and massage aching muscles. Good as new.

# Aura Cacia®



*pure essential oils*

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