

Aura Cacia®



*pure aromatherapy*

# *Find Your Balance*

If seasonal stress has you uptight and holiday blues have you down, then what you need is balance. Think of a fir tree: firmly rooted on solid ground, branches reaching for the sky, and a strong, stable trunk supporting your whole being. Balsam fir needle essential oil can help you achieve a newly balanced state of mind.

## **Aura Cacia® Balsam Fir Needle Essential Oil**

Directions: Just uncap the bottle and breathe in the fresh, foresty aroma.



Aura Cacia provides 100% pure essential oils (verified by gas chromatography/mass spectrometry) for all of your aromatherapy needs. Visit [www.auracacia.com](http://www.auracacia.com) to learn more about our purity testing, sourcing and to find great aromatherapy recipes.